
WEMA WEALTH AFRICA

(Empowering Communities for Sustainable Prosperity)

REPORT TITLE:

" Menstrual Hygiene Management (MHM) and Environmental Stewardship Integration".

Date of Report: June 30, 2023

Project Date: June 15, 2023 (Commemorating MHM Day & World Environment Day)

Location: Ololunga Ward, Narok South Sub-County, Kenya

1.0. INTRODUCTION

In June 2023, WEMA WEALTH AFRICA, in partnership with the Soroptimist International Nairobi Central Club (SINC) and the First Lady of Narok County, Agnes Ntutu, executed a dual-purpose intervention at Olashapani Boarding School. The initiative harmonized Menstrual Hygiene Management (MHM) with World Environment Day (WED) objectives to address both public health and the global plastic pollution crisis.

- **Promote Sustainable Hygiene:** Replace single-use plastic sanitary products with sustainable, reusable alternatives.
- **Climate Action:** Tackle plastic pollution through local cleanup exercises and the promotion of tree planting.
- **Holistic Education:** Provide integrated mentorship covering reproductive health, gender-based violence (FGM, teenage pregnancy), and environmental responsibility.

3. Implementation & Substantive Role

WEMA WEALTH AFRICA acted as a lead convener and program designer:

- **Integrated Programming:** Developed a curriculum that linked menstrual health education with plastic-free living, showing students, how sustainable menstrual choices reduce individual plastic footprints.
- **Community Mobilization:** Partnered with the Office of the First Lady of Narok County and local Mazingira Ambassadors of Change to lead town-wide cleanup operations,

creating direct awareness among local businesses regarding the #BeatPlasticPollution campaign.

- **Resource Distribution:** Orchestrated the distribution of reusable sanitary pads and tree seedlings across seven primary schools, ensuring that the health intervention was paired with long-term ecological commitments.
- **Inclusive Engagement:** Facilitated "Boys to Men" discussions to increase male involvement in reproductive health and environmental advocacy, ensuring a whole-community approach to sustainable development.

4. Outcomes and Impact

- **Environmental Impact:** Successfully promoted a shift away from single-use plastics through the distribution of reusable pads. Conducted a town-wide cleanup in Ololunga Ward, directly removing plastic waste from the local ecosystem.
- **Social Impact:** Reached seven primary schools with essential reproductive health mentorship and hygiene products. Improved the self-esteem of both male and female students by addressing health needs and life skills.
- **Systemic Influence:** Successfully integrated environmental consciousness into the reproductive health agenda of Narok County, demonstrating to local stakeholders that MHM and environmental sustainability are interdependent.

5. Sustainability Plan

The project established a foundation for ongoing environmental stewardship in the schools, with the "Mazingira Ambassadors of Change" continuing to monitor the growth of planted trees and maintaining the zero-waste awareness initiatives established during the visit.





F From Far Right is Zaytun Osman, Stella Kasura , Esterine Nenee, Reproductive Health County Coordinator Narok County in Kenya.

8.0 CONCLUSION

Wema Wealth Africa remains committed to empowering communities and driving sustainable development through impactful programs and partnerships.

CONTACT INFORMATION

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Date: June 2023